

ACTIVITY FORM

MOUNTAIN CLIMBING, ROCK CLIMBING AND ABSEILING RULES AT MIDGARD COUNTRY ESTATE

Climbers visiting the climbing sites at Midgard must be aware of the danger and risks associated with **Outdoor Rock and Mountain Climbing**.

Visiting climbers must be familiar with Outdoor Sports Climbing Techniques such as:

- Belaying a climber with a belay device.
- Leading a climb on (at least one climber of the group)
- The safety measures and technique of abseiling from anchors.

At least one climber of the group must be an experienced climber.

Recommended Climbing Equipment for Midgard Sports Climbing and Abseiling: (Bolted routes with double anchors in place)

Ropes: For climbing: a 60m single rope, For abseiling: 2x 60m single ropes or a double rope.

A climbing harness, 1 harness sling with a screw gate carabineer to clip into the anchor. Belay/abseil device and 15 Quick draws with rock Climbing shoes and climbing helmet.

Important: (For climbing and abseiling)

Climber and belayer must wear a climbing helmet as well as group members close to the climbing cliff.

It is the responsibility of climbers and absailers to ensure that the conditions are safe for the activity.

INDEMNITY

I acknowledge that I am aware that the consequences of an accident whilst in the Midgard Country Estate farm. I hereby indemnify Midgard Country Estate / WUM Properties / O&L Group of Companies, its directors, servants, agents, representatives and contractors, and waive any right to make a claim, in respect of injury to myself, whether fatal or otherwise, or damage to or loss of my property which may occur during the mountain climbing/abseiling activity, irrespective of how such injury or loss occurs, and whether or not such injury or loss is due to any negligence on the part of the company, its directors, servants, agents or contractors.

I acknowledge that I have carefully read and understood the above rules and indemnity. By affixing my signature below, I agree to be bound by the above rules and indemnity. I acknowledge that this agreement sets out the full basis of the relationship between the company and myself. I acknowledge that no representations or statements have been made to me by representatives of the company as to the meaning of the terms set out above, and I acknowledge that I do not rely on any such statements made in ascertaining the meaning of terms set out above.

Guide Name: _____

Guide signature: _____

Name of client/guest: _____

Nationality: _____

Contact number: _____

e-mail address: _____

Guest signature: _____

Date: _____

Directors:

S Thieme, P Grüttemeyer, G Hanke, TZM Hjarunguru, B Mukuahima, H Feris, TK Harty, HE List (Mrs.), C-L List, UM Stritter, T Koen.

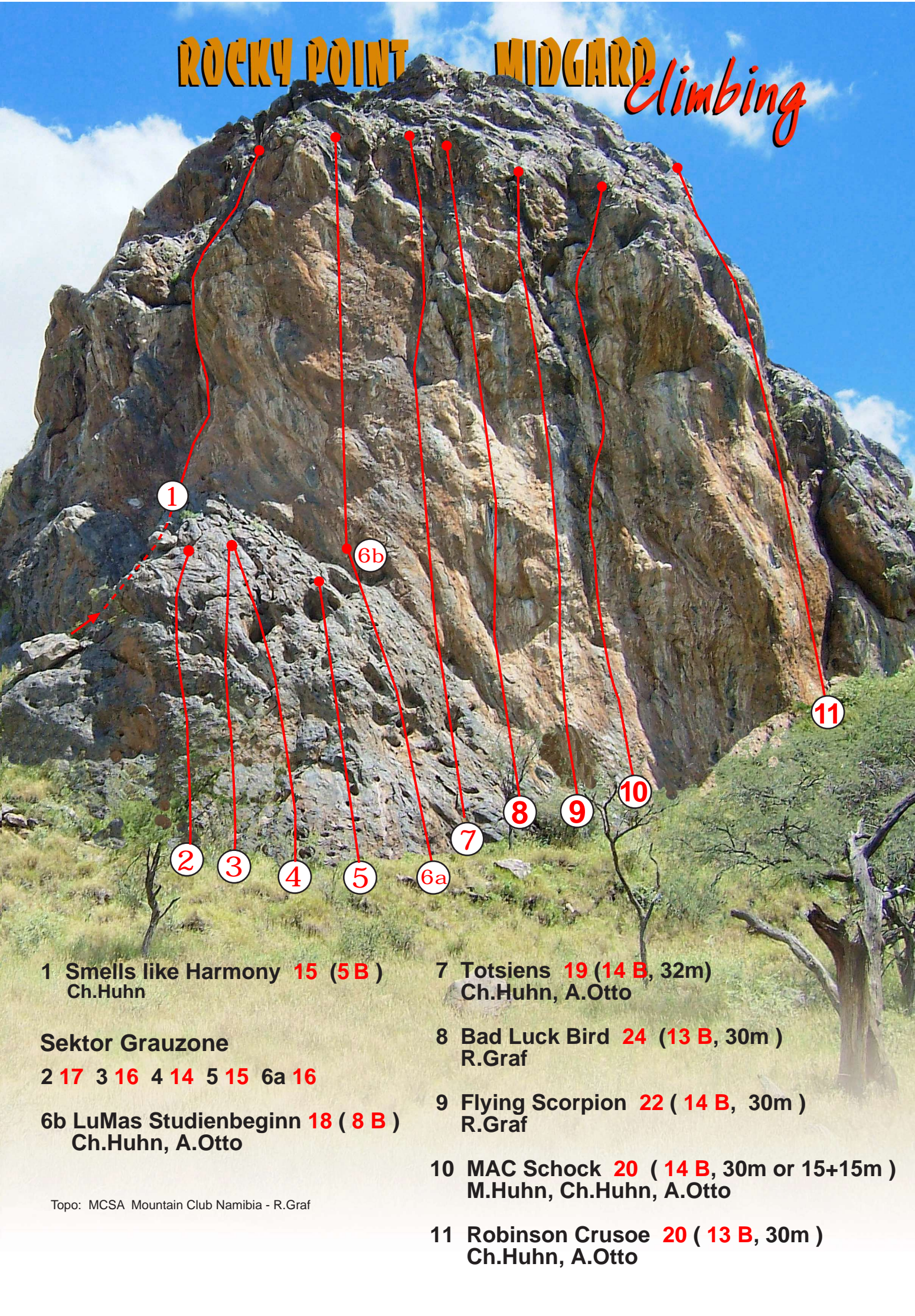
WUM Properties Limited t/a Midgard Country Estate. Company Reg. No. 024/67.

Company Secretary: O&L Centre (Pty) Ltd.

ROCKY POINT

MIDGARD

Climbing



1 Smells like Harmony 15 (5 B)
Ch.Huhn

7 Totsiens 19 (14 B, 32m)
Ch.Huhn, A.Otto

Sektor Grauzone

2 17 3 16 4 14 5 15 6a 16

8 Bad Luck Bird 24 (13 B, 30m)
R.Graf

6b LuMas Studienbeginn 18 (8 B)
Ch.Huhn, A.Otto

9 Flying Scorpion 22 (14 B, 30m)
R.Graf

10 MAC Schock 20 (14 B, 30m or 15+15m)
M.Huhn, Ch.Huhn, A.Otto

Topo: MCSA Mountain Club Namibia - R.Graf

11 Robinson Crusoe 20 (13 B, 30m)
Ch.Huhn, A.Otto